

## **Prayers For Strength And Healing**

*Cancer impacts the body, mind, and spirit. In order for you to heal properly, it is pertinent that you focus on more than just your body. Allow these prayers to guide you through your healing process.*

### **Morning Prayer**

O Lord, as the dawn of this new day breaks, I turn to You for strength and guidance. I do not know what today will bring, but I trust in Your wisdom and love. If I am called to stand, grant me the courage to stand tall and firm. If I am to remain still, fill me with patience and calm. Should I need to lie low, help me to do so with grace. And if I am to simply rest, may I do so with dignity and peace. Let these words resonate deeply within me, and fill me with the spirit of Your enduring love. Amen.

### **Night Prayer**

As the day draws to a close, O Lord, be our refuge and strength. Support us through the lengthening shadows and the stillness of evening, as the world around us quiets and the busyness of life subsides. When the fever of life is spent, and our tasks are done, grant us, in Your mercy, a safe haven, a holy rest, and peace at last. May Your love surround us as we sleep, and may we wake refreshed in Your care. Amen.

### **Before Surgery**

Almighty God, as I approach this moment of surgery, I ask for Your strength and grace. Steady my heart, calm my fears, and prepare me for what lies ahead. Bless the hands of the surgeons, assistants, and all who will care for me. May their skills be a channel of Your healing power. Restore me, O Lord, to health and usefulness in Your world, and grant me a heart full of gratitude for the gift of life. In Your mercy, I pray. Amen.

### **After Surgery**

O Lord, whose compassions never fail and whose mercies are renewed each morning, I give You thanks for the relief from the burden of this terrible cancer. Please allow me relief from pain during my recover and for the hope of health restored. Continue, I pray, the good work You have begun in me. As I regain strength day by day, may I rejoice in Your goodness and live a life that reflects Your love. Help me to always think and do those things that please You, and may Your mercy guide me now and always. Amen.

### **For Doctors and Assistants**

O Lord, sanctify those whom You have called to the study and practice of healing. Bless the hands and hearts of the doctors and assistants who care for the sick and suffering. Strengthen them with Your life-giving Spirit, that through their ministries, the health of our community may be restored, and Your creation glorified. Grant them wisdom, patience, and compassion as they serve others. Amen.

## **Prayers by Specific Tradition**

### **Christian**

#### *Prayer of St. Francis*

Lord, make me an instrument of Your peace. Where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; and where there is sadness, joy. Grant that I may seek not so much to be consoled as to console; to be understood as to understand; to be loved as to love. For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life. Amen.

Recommended multiday prayers: Healing Novena For The Intercession Of St. John Paul II and Novena to St. Roch

"Heal me, O Lord, and I will be healed; save me and I will be saved, for you are the one I praise." - Jeremiah 17:14

"He said to her, "Daughter, your faith has healed you. Go in peace and be freed from your suffering." - Mark 5:34

### **Jewish**

#### *Psalm 23*

The Lord is my shepherd; I shall not want. He makes me lie down in green pastures; He leads me beside still waters; He restores my soul. He leads me in paths of righteousness for His name's sake. Even though I walk through the valley of the shadow of death, I will fear no evil, for You are with me; Your rod and Your staff, they comfort me. You prepare a table before me in the presence of my enemies; You anoint my head with oil; my cup overflows. Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of the Lord forever. Amen.

"The Lord bless you and keep you; The Lord make His face shine upon you, and be gracious to you; The Lord lift up His countenance upon you, and give you peace." Numbers 6:24-26

### **Buddhist**

May all beings cross from the shores of suffering to the shores of liberation. May we move from forgetfulness to mindfulness, from ignorance to enlightenment. May we reach the state of Nirvana, where suffering ceases, and peace prevails. Sadhu! Sadhu! Sadhu! (Amen)

### **Hindu**

O Lord, in the darkness that surrounds us, rise like the sun and dispel it with Your Divine Light. May all beings be free from danger, and may everyone realize what is good. May our thoughts be noble, and may we rejoice in the joy of all. May all beings be happy and free from disease. Lead us from the unreal to the Real, from darkness to Light, from death to Immortality. Om Shanti, Shanti, Shanti. Peace, peace, peace be unto all!

### **Islam**

Almighty God, Lord of humankind, remove the hardship from Your servants and grant them relief from their ailments. You are the ultimate Healer; there is no cure except through Your healing. Strengthen our faith and grant us hearts that are healthy and tongues that speak truth. Set right our affairs and forgive us our sins, our errors, and our shortcomings. Ameen.

"And when I am ill, it is He who cures me." (Qur'an 26:80)

### **Secular/Humanist**

In every part of our being, we are connected to the world around us. With each breath, we share in the collective experience of life. May we always feel our connection to those who suffer, and may they find strength in the support of others. We trust in the compassion of those around us and the science that guides the hands of our caregivers. We also trust in the narrative of our lives, knowing that our story is woven into the greater tapestry of existence. Life is a journey, one we do not walk alone. May those who are suffering feel the presence of their loved ones, now and always, through every challenge and every triumph. May it be so, in light and in love.