

From: [Cathy Lacenski](#)
To: [Regional Clinic Managers and Integration; Team Leaders - Clinic](#)
Subject: N95 Masks
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[Donning N95 Respirator \(2\).pdf](#)
[Donning N95 Respirator.pdf](#)

Hi all,

If anyone is concerned with fitting the N95 respirator there are videos below that can be watched. I have also included the instructions that come with the respirator regarding donning and removing the respirator. Because use of the N95 respirator is voluntary they do not have to be fit tested, however every employee who will be wearing one needs the attached instructions or to watch the video.

<https://www.youtube.com/watch?v=xl4qX6qEYXU>

Because we are in a severe shortage of N95 respirators and Level 2 & 3 masks the CDC says they can be reused in critical circumstances. We know that the supply of all masks are very tight, if you have a limited supply of ATMS Level 2 or 3 masks it is recommended to reuse them for a several days. Keep them in your own paper bag to air dry. ATMS Level 1 masks can also be ordered as they offer better filtering than the regular surgical mask.

Again it is very important to wear goggles with side protection & gloves as well. Frequent handwashing is very important, along with cleaning exam tables and all surfaces in exam rooms, nurses stations and reception areas.

Thanks and please contact me with any questions.

Cathy

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