



www.forefrontdermatology.com • 877-230-4745

**Do You Have Sensitive Skin?
Avoid These Common Skin Irritants & Ingredients**

Abrasive Scrubs
Alcohol
Astringents
Bar Soaps & Cleansers
Camphor
Citrus Juices & Oils
Eucalyptus
Foaming Facial Products
Fragrances & Essential Oils
Icing the Skin
Loofahs
Menthol
Mint(s)
Peppermint
Scrub Mitts
Sodium Lauryl Sulfate
Steaming the Skin
Toners
Water/ Too Hot or Too Cold